

Grand Haven Program Calendar

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
	Contact Information		10-11:30a Movie and Discussion	9-10a Coffee Social Hour	
	Anne DeRooy		11:30a-12p Meditation	10-11a Bingo	
	616-414-9111		11:30-1:30p Social Recreation Room Open	11-12:30p Social Recreation Room Open	
	401 N 7th Street		12-1p Yahtzee	12:30-4:30p Grand Rapids Public Museum	
			1-2p Journal Writing	(bring money for gift shop)	
			2:30-3:30p Cartoon Drawing		
5	6	7	8	9	10
9-10a Current Events & Coffee	10a-11a Social Recreation Room Open	10:30a-3:30p Muskegon Luge Adventure	10-11:30p Ted Talks & Current Events	9-12a Social Recreation Room Open	
10a-11a Social Recreation Room Open	11a-12p Knitting and Crochet Hours	Sports Park offering ice skating,	11:30a-12p Meditation	10-11p Bingo	
11a-12p Chair Yoga	12p-1p Member Meeting	snowshoeing and sledding	12-1p Social Recreation Room Open	12-1p New Member Social	
12-2p Yarn Art	1p-2p Bingo	2-3p Coffee Connection with Jenn	12-1p Ted Talks & Current Events	1-2:30p Kente Cloth Weaving	
1:30-2:30p Social Recreation Room Open	2-4p Karaoke	3-4p Cardio Drumming with Rodrigo	1-2p Journal Writing	3-5p Movie Night Preparation*	
	3-5p Social Recreation Room Open		2:30-3:30p Cartoon Drawing with Bruce		
	6p-7:30p Family Support Group [AR]			5-8p Free Dinner and Movie Night [AR]	
12	13	14	15	16	17
9a-10a Current Events & Coffee	10a-11a Social Recreation Room Open	9-10a Current Events & Coffee	10-11:30a Ted Talks & Current Events	9-10a Coffee Social Hour	
10-11a Air Dry Clay	11a-12p Knitting and Crochet Hours	10-12p Cricut Crafts (bring something in to	11:30a-12p Meditation	10-11a Bingo	6p-9p Sober Social
11a-12p Podcast Club	12p-1p Play Pool	cricut on)	11:30-1p Social Recreation Room Open	11a-12p Social Recreation Room Open	
12p-1p Lunch and Learn with Lake Michigan	• •	12-1p Make Fried Rice	12-1p Animal Therapy w/ Kathy & Boo	12-4p Vote to shop in Holland (bring money	
	2:30-5p Mardi Gras mask making, food, and gai	•	1-2p Journal Writing	for shopping)	
1-2:30p Social Recreation Room open		3-5p Social Recreation Room Open	2:30-3:30p Cartoon Drawing with Bruce	6:30-7:30p Burnout Affinity Group	
		3-4 Cardio Drumming with Rodrigo			
6-7p Loss Due to Addiction Support Group					
[SR]		5-6p Love is Love Affinity Group			
	20	21	22	23	24
•	10a-11a Social Recreation Room Open	9-10a Current Events & Coffee	10-11:30a Ted Talks & Current Events	Closed	
11a-12p Podcast Club	11a-12p Knitting and Crochet Hours	10-12p Coloring and Music	11:30a-12p Meditation		
12-1p Mindful Walking*	12-1p Newspaper crafts/animals	12-1 Zumba*	11:30-1p Social Recreation Room Open		
1-2:30p Candle Making (bring in old candles)	• •	1-2p Social Recreation Room Open	12-1p Puzzle Time		
	2-3:30p Painting with Jackie	2-3p Coffee Connection with Jenn*	1-2p Journal Writing		
	3-4p Wii Games	3-4p Cardio Drumming with Rodrigo	2:30-3:30p Cartoon Drawing with Bruce		
26	27	28	29		
9a-10a Current Events & Coffee	10a-11a Social Recreation Room Open	9-10a Current Events & Coffee	10-11:30a Ted Talks & Current Events	Black = Adult Activities in Activity Room	
	11a-12p Knitting and Crochet Hours	10a-11:30a Puzzles and card games	11:30a-12p Meditation	Red = Adult Outings Sign up	
11a-12p Podcast Club	12-1p Play writting	11:30-12:30p Jeopardy	11:30-1p Social Recreation Room Open	Orange = Open to Community	
· '	1-2p Bingo	12:30p-2p Crafts for Prom	12-1p Puzzle time	Green = Teen Programming	
1 ' ' '	2-5p Shopping at Aldi (bring Money)	2-3p Coffee Connection with Jenn	1-2p Journal Writing	* will have walking	
	2-36 Shokking at Alui (bring Money)	3-4p Cardio Drumming with Rodrigo	2:30-3:30p Cartoon Drawing with Bruce	AR-Activity Room	
		Cardio Diamining With Roungo	2.30-3.30p Cartoon Drawing with Bruce	SR- Social Room	
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